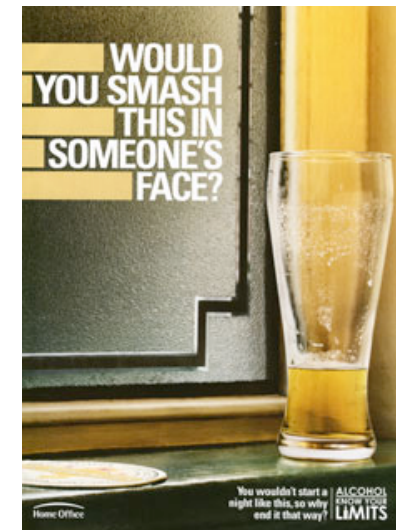
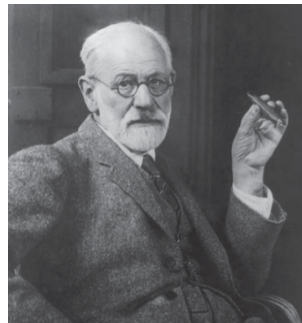
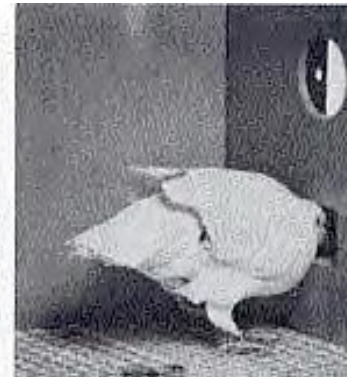




# Interventions to Reduce Addictive Behaviour

## What do you know?

- Describe what you know about the Addiction topic in 5 bullet points



# Interventions to Reduce Addictive Behaviour

## BATs

- **AO1** – Describe psychological and biological interventions for addictive behaviour (D)
- Describe the role of public health interventions in reducing addictive behaviours (C)
- **AO2/3** - Evaluate the effectiveness of psychological and biological interventions (C/A)

*Synoptic points – Intervention bias, real world application (telephone quitline for troops)*

**Homework** – Plan a timed essay for next week – p253 no14.8 q 3a and b

• <http://smokefree.nhs.uk/what-suits-me/>

<http://smokefree.nhs.uk/real-life-quitters/beverley-and-alisha/>

# Interventions to Reduce Addictive Behaviour

- Using what you have previously learnt about addiction, briefly (5 mins max) discuss in pairs/ small groups possible interventions for reducing addictive behaviour.
- Drugs – patches e.t.c
- CBT –
- Group Therapy - Alcoholics Anonymous
- Public Health interventions
- Changes in legislation

# Over to you ..

- Read one of the online news articles.
- Outline the pros and cons of the situation/ intervention on the worksheet provided
- Share answers with other groups who have looked at the other articles

# Clips

Sunshine episode 3 first 30 mins

- <http://www.youtube.com/watch?v=e54gzq5Xr0Y> funny Coronation St AA meeting

- 



move to ICT 4

EITHER

# Over to you ..

You have  
30  
minutes

- Split into 3 groups –
- Choose one from - Biological Interventions, Psychological Interventions or Public Health interventions
- Each group **outline and evaluate** the chosen intervention
- Present to the rest of the class

Complete a summary sheet for Interventions as you go along

use the clips on the next slide to help you

# Clips

- <http://www.youtube.com/watch?v=e54gzbq5Xr0Y> funny Coronation St AA meeting
- <http://www.youtube.com/watch?v=dGo0TLwoveE> 12 steps  
<http://smokefree.nhs.uk/what-suits-me/> look for 'real life quitters'
- <http://www.youtube.com/watch?v=jfaFGKFOIYo> methadone – how it works e.t.c

OR

Over to you ..

You have  
30  
minutes

- Individually or in groups
- Choose one from - Biological Interventions, Psychological Interventions or Public Health interventions
- **Outline and evaluate** the chosen intervention on the summary sheet
- Share with the rest of your group until everyone has a completed sheet

# Plenary

- Write a conclusion about the effectiveness of interventions
- Is there one method that is better than the rest?
- Suggest an effective regime (the Smokefree website is very helpful!)

**Homework** – Plan a timed essay for next week – p253  
no14.8 q 3a and b

**Start to revise Addiction for a MOCK in 2 weeks (7th DEC)**